

SSEF Role Profile for Stroke Survivors and their Carers

Level	Descriptor
0	Not needed - knowledge on this topic is not needed
1	Basic – the criteria demand only a very limited and generalised understanding that something exists but an individual would not need to know any details.
2	Factual – the criteria call for a knowledge that is detailed on a factual level, but does not involve any more than a superficial understanding of any principles or theories.

E1	Awareness raising	Those affected by stroke	Awareness raising
	Knowledge and understanding of...	Level	Evidence or Comments
e1k_1	signs and symptoms of stroke	1	
e1k_2	features of less common (atypical) presentation of stroke	0	
e1k_3	stroke mimics and likely presentation	0	
e1k_4	stroke and TIA as medical emergencies	2	
e1k_5	emergency response, investigations, interventions and treatments for stroke and TIA	0	
e1k_6	timeframe for emergency investigations, interventions and treatments for stroke and TIA	1	Also consider e1k_4
e1k_7	anatomy and physiology of the central nervous system	0	
e1k_8	timeframe of physiological and neurological changes during a stroke	1	This is in relation to early after the event; consideration should also be given to longer term
e1k_9	advocates for stroke patients when there is a legal duty to instruct an IMCA, taking account of religious and cultural aspirations	1	As indicated in the introduction to the SSEF, need to consider different processes in Scotland

E2	Managing risk	Those affected by stroke	Managing risk
	Knowledge and understanding of...	Level	Evidence or Comments
e2k_1	risk factors for stroke and TIA (e.g. lifestyle, socioeconomic, cultural, vascular, familial, genetic, concurrent medications, comorbidities)	1	
e2k_2	stroke types and their aetiologies	1	
e2k_3	risk of stroke depending on type and aetiology	0	
e2k_4	advocates for stroke patients when there is a legal duty to instruct an IMCA, taking account of religious and cultural aspirations	1	As indicated in the introduction to the SSEF, need to consider different processes in Scotland
e2k_5	who provides interventions for primary and secondary prevention of stroke	0	
e2k_6	pharmacological and non-pharmacological interventions for primary and secondary prevention of stroke, and side effects of treatment	0	Because this is after stroke the focus should be on secondary prevention, which is reflected by the score here. Please see e13_k7
e2k_7	methods of changing behaviour	1	

E3	Information	Those affected by stroke	Information
	Knowledge and understanding of...	Level	Evidence or Comments
e3k_1	stroke types and their aetiologies	1	
e3k_2	risk factors for further vascular events (e.g. type and aetiology of current event, lifestyle, socioeconomic, cultural, vascular, familial, genetic, concurrent medications, comorbidities)	0	
e3k_3	pharmacological and non-pharmacological interventions for primary and secondary prevention of stroke, and side effects of treatment	0	
e3k_4	advocates for stroke patients when there is a legal duty to instruct an IMCA, taking account of religious and cultural aspirations	1	As indicated in the introduction to the SSEF, need to consider different processes in Scotland
e3k_5	who provides interventions for primary and secondary prevention of stroke	0	
e3k_6	full range of services (health, social, community, voluntary and independent) available locally for those affected by stroke	2	
e3k_7	how to assess and overcome barriers to problems: psychological and emotional; social and relationship; cognitive and communication; physical and functional; visual and sensory impairments and pain; medical	0	
e3k_8	the impact of stroke on the individual, carer and family	2	
e3k_9	the implications of stroke for lifestyle, driving, work and family	2	
e3k_10	methods of changing behaviour	1	

E11	End-of-life care	Those affected by stroke	End-of-life care
	Knowledge and understanding of...	<u>Level</u>	Evidence or Comments
e11k_1	end-of-life care strategies, advanced directives, and palliative care tools in relation to stroke	2	
e11k_2	the implications of the Mental Capacity Act for stroke patients	1	With signposting to the Act
e11k_3	advocates for stroke patients when there is a legal duty to instruct an IMCA, taking account of religious and cultural aspirations	1	As indicated in the introduction to the SSEF, need to consider different processes in Scotland
e11k_4	the range of support groups and services for those affected by stroke with palliative care needs	2	
e11k_5	the needs and aspirations of those affected by stroke (i.e. patient, carer and family)	1	
e11k_6	the assessment and management of problems, how they can be controlled and the implications for prognosis: psychological and emotional; social and relationship; cognitive and communication; physiological, physical and functional; neurological, visual and sensory impairments and pain; medical	0	
e11k_7	pharmacological and non-pharmacological interventions for end-of-life care after stroke	0	
e11k_8	the side effects of pharmacological and non-pharmacological interventions for end-of-life care after stroke	0	

E13	Long-term care	Those affected by stroke	Long-term care
	Knowledge and understanding of...	Level	Evidence or Comments
e13k_1	the assessment and management of problems: psychological and emotional; social and relationship; cognitive and communication; physiological, physical and functional; neurological, visual and sensory impairments and pain; medical	1	Assessment is about identifying problems and management includes finding signposted services
e13k_2	advocates for stroke patients when there is a legal duty to instruct an IMCA, taking account of religious and cultural aspirations	1	As indicated in the introduction to the SSEF, need to consider different processes in Scotland
e13k_3	the needs and aspirations of those affected by stroke, particularly those related to the problems listed above, and how these needs and aspirations can be met	1	
e13k_4	the impact of stroke on the individual, carer and family	2	
e13k_5	the implications of stroke for lifestyle, driving, work and family	2	
e13k_6	risk factors for further vascular events (e.g. type and aetiology of current event, lifestyle, socioeconomic, cultural, vascular, familial, genetic, concurrent medications, comorbidities)	0	
e13k_7	pharmacological and non-pharmacological interventions for secondary prevention and to facilitate recovery after stroke and their side effects	1	
e13k_8	support services, organisations and resources available (e.g. health, social, voluntary, independent sector; packages of care, finance and personal budgets, self-management, respite care, equipment, adaptations, rehabilitation, psychological, educational, employment, housing, transport)	2	
e13k_9	assistive technology and other therapy interventions (e.g. functional electrical stimulation, orthotics)	1	
e13k_10	methods to facilitate communication with those affected by stroke	1	
e13k_11	concordance: how to assess; how it is affected by individual preference; how to motivate; how to manage non-concordance	1	